

# REVIEWS



## BOOKS

Reviewed by Ruth Parnell

### OKLAHOMA CITY BOMBING

by Jon Rappoport

Published by Blue Press (1995), Santa Monica, CA, USA

ISBN n/a (112pp s/c)

Price: USD\$12.00 + USD\$5.00 o/s p&h

Available: **USA**—Jon Rappoport, Blue Press, 2633 Lincoln Blvd, Suite 256, Santa Monica, CA 90405, ph: +1 (213) 243 9005.

With 20 years of investigative reporting to his credit, Jon Rappoport presents the facts about the Oklahoma City bombing which are at odds with official explanations.

In interviews with military and civilian explosives experts as well as survivors and eyewitnesses, Rappoport explains how the truck bomb could never have caused the real damage to the Murrah Federal Building. The damage could only have been caused by detonations deliberately planted on certain columns within the building's structure prior to the explosion—and that meant two separate detonations, as well as a sophisticated, professional, top-level inside job.

Rappoport concludes that if Timothy McVeigh was actually involved in the bombing, he was set up as a 'fall guy' in order to discredit the patriot movement which is seen as a threat to federal power.

While Rappoport leaves us no clearer as to the true identities of the perpetrators, he reveals alarming evidence of a cover-up by the US Government and agencies, particularly the FBI. He also hauls the media over the coals for toeing the government's propaganda line, failing to ask the real questions, and subjugating the truth.

### THE HISTORY OF ATLANTIS

by Lewis Spence

Published by Adventures Unlimited Press (1996), Kempton, IL, USA (first published 1926 by Rider & Company, London, UK) ISBN 0-932813-30-5 (238pp s/c)

Price: AUD\$27.00; STG£15.95;

USD\$16.95 + p&h

Available: **Australia**—NEXUS Magazine, PO Box 30, Mapleton, Qld 4560, ph (074) 42 9280, fax (074) 42 9381; **UK**—NEXUS UK, 55 Queens Rd, East Grinstead, West Sussex, RH19 1BG, ph 01342 32 2854, fax 01342 32 4574; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph (815) 253 6390, fax (815) 253 6300.

Originally published in 1926, this rare book on Atlantis from Scottish-born historian Lewis Spence (1874-1955) is now back in print. Spence is best known for his authoritative volumes on world mythology, as well as for his five books on Atlantis—this one

widely considered to be his best.

In *The History of Atlantis*, Spence conducts an exhaustive investigation into the sources of Atlantean history, from Plato's writings to Egyptian myths, Mayan and Aztec traditions and Irish legends. With reference to ancient and 'modern' geological, archaeological and cartographic evidence, Spence explores a number of aspects of the lost civilisation of Atlantis: its geography, its peoples, its kings and colonies as well as its religious, political and cultural complexities.

Exciting and thought-provoking, *The History of Atlantis* is a classic text which continues to inspire those who seek to unravel the mysteries of this lost land.

### COINCIDENCES: CHANCE OR FATE?

by Ken Anderson

Published by Blandford (1995), London, UK

ISBN 0-7137-2523-0 (306pp s/c)

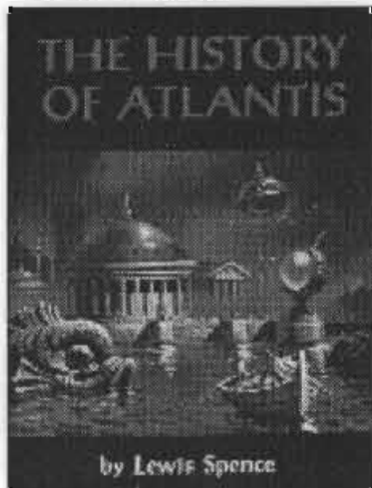
Price: AUD\$26.00; CAN\$17.95;

STG£9.99; USD\$12.95

Available: **Australia**—Sydney Esoteric Bookshop, ph (02) 212 2225, fax (02) 212 2448; **UK**—Dist. by Cassell plc, ph 01202 66 5432; **USA/Canada**—Dist. by Sterling Publishing Co., Inc., 387 Park Avenue South, New York, NY 10016-8810, ph (212) 532 7160, fax (212) 213 2495.

Most of us would acknowledge that coincidences occur in our lives, but what is significant to one person is not so to others. If you are fascinated by this phenomenon, this book will impress not only for its huge collection of remarkable anecdotes but also for its serious attempt to consider meaning.

So, are coincidental events based on mathematical probability, some random anomaly, a statistical quirk or an unidentified principle? In *Coincidences: Chance or Fate?*,





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Australian-based author/researcher Ken Anderson provides an objective overview of various theories, beliefs and arguments about the phenomenon. His treatment of the so-called "clustering effect", based on the early 20th century studies by Austrian biologist Paul Kammerer, sheds light on why some events happen in 'runs'.

Anderson uses both chilling and amusing examples to highlight the differences between chance and fate, premonition and coincidence. He offers valuable insights and guidance for those who want to develop a heightened intuitive sense and awareness of the nature of synchronicity.

### THE HOSER FILES: The Fight Against Entrenched Official Corruption

by Raymond Hoser

Published by Kotabi Pty Ltd (1995),

Doncaster, Victoria, Australia

ISBN 0-646-23087-5 (322pp p/b)

Price: AUD\$19.99 + o/s p&h

Available: **Australia**—Kotabi Pty Ltd, PO Box 599, Doncaster, Vic. 3108.

*The Hoser Files* will shatter your illusions about living in a democracy where freedom of speech is sacrosanct and where officials can be trusted without question.

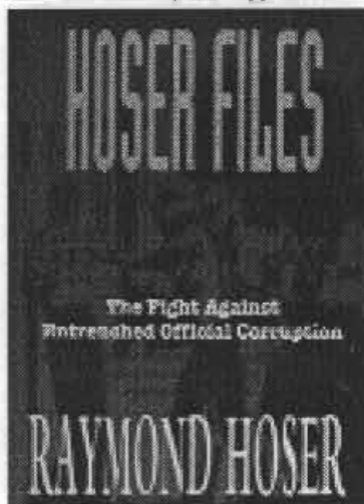
This controversial, well-documented book opens with Raymond Hoser's experiences as a taxi driver in Melbourne, Victoria, where he encountered entrenched corruption not only in the industry but across a range of government departments and amongst the Victorian Police, the judiciary, politicians, the media and more.

Hoser has had more than his share of perse-

cution for trying to expose corruption and injustice, having had his previous book banned in 1993. Without provocation he has been bashed and harassed by Victorian Police, had false charges laid against him, had judges side against him despite overwhelming evidence in his favour, and experienced abuse and victimisation at the hands of bureaucrats.

A 'whistleblower', Hoser was targeted by the police in January 1994 when they raided his home and stole files, documents, computers, tapes and the draft manuscript of this book. Having finally managed to get his book published, Hoser contends that Vic. Police are seriously trying to ban it before it becomes a major embarrassment.

Raymond Hoser's story is a warning to us all that even the most law-abiding citizens can be subject to official harassment without cause. *The Hoser Files* deserves to be widely read—and certainly not suppressed.



### GEOPATHIC STRESS

#### How Earth Energies Affect Our Lives

by Jane Thurnell-Read

Published by Element Books Ltd (1995),

Shaftesbury, Dorset, UK

ISBN 1-85230-696-3 (130pp s/c)

Price: AUD\$16.95; CAN\$16.99;

STG£7.99; USD\$12.95

Available: **Australia**—Dist. by Jacaranda Wiley Ltd, North Ryde, NSW, ph (02) 805 1100; Sydney Esoteric Bookshop, ph (02) 212 2225, fax (02) 212 2448; **UK**—Element Books Ltd, Shaftesbury, Dorset SP7 8PL, ph 01747 85 1339; **USA/Canada**—Element Books, Inc., PO Box 830, Rockport, MA 01966, USA, ph (508) 546 1040.

Have you ever wondered why some buildings make you feel so uncomfortable that you want to make a hasty escape? You may in fact be experiencing geopathic stress.

What prompted UK-based Health Kinesiologist Jane Thurnell-Read's interest in geopathic stress was her observation that some of her patients were not responding favourably to her treatments when they should have been. She surmised that geopathic stress was the missing link. When she started correcting energy imbalances in her patients' homes and workplaces, their conditions improved.

Thurnell-Read defines geopathic stress (GS) as the effect of negative Earth energies. It can affect humans, animals and plants, causing chronic problems the longer the period of exposure. While geopathic energies are difficult to determine using scientific method, there is increasingly persuasive evidence for their existence.

This is an easy-to-read guide to detecting GS using dowsing and kinesiology, and correcting it using coils, crystals, mirrors, sym-

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bols, magnets and more. The information is useful for preventive health care and to counteract such problems as sick building syndrome and electromagnetic pollution.

### **DOPPELGÄNGERS: The Truth about the Bodies in the Berlin Bunker**

by Hugh Thomas

Published by Fourth Estate Ltd (1995), London, UK (In USA, published as "The Murder of Adolf Hitler")

ISBN 1-85702-212-2 (305pp h/c)

Price: AUD\$39.95; STG£17.99 or

STG£7.99 p/b from March '96; USD\$n/a

Available: **Australia**—Dist. by Allen & Unwin, St Leonards, NSW, ph (02) 901 4088, fax (02) 906 2218; **UK**—Fourth Estate Ltd, 6 Salem Rd, London W2 4BU, ph 0171 727 8993; **USA**—St Martins Press, NY, ph (212) 420 9314.

We will probably never know the whole truth about the ultimate fate of Adolf Hitler, but in *Doppelgängers* Hugh Thomas takes us a little closer by unravelling part of the web of lies, fraud and deception surrounding what really happened in the Berlin Bunker in April and May 1945.

Author of *Hess: A Tale of Two Murders*, Thomas draws on previously unavailable material from British and Soviet archives as well as eyewitness accounts and historical, medical and forensic evidence

Thomas concludes that Hitler, decrepit, senile and riddled with Parkinson's disease, could barely have committed suicide at all let alone in the manner described. He was probably strangled, but SS conspirators went to extraordinary lengths to falsify the image of

events to hide their betrayal of the *Führer* and maintain the Nazi myth.

Presumably with her cooperation, they faked Eva Braun's suicide and smuggled her out of the bunker. They staged an elaborate fraud using dental evidence 'planted' on a female cadaver—a *doppelgänger*, or double. While the other body was probably Hitler's, the cause of death was neither bullet wound nor cyanide poisoning, but dental forensic fraud can't be ruled out entirely.

As for what happened after the deaths, Thomas uncovers intriguing details about Martin Bormann's breakout from the bunker and follows his trail to Paraguay.

Enticing reading, but a savage reminder of how absolute power corrupts absolutely.

### **THE DARK SIDE OF THE BRAIN Major Discoveries in the Use of Kirlian Photography and Electrocrystal Therapy**

by Harry Oldfield and Roger Coghill

Published by Element Books Ltd (1988, reprinted 1995), Shaftesbury, Dorset, UK

ISBN 1-85230-025-6 (264pp s/c)  
Price: AUD\$25.00 + AUD\$5.00 p&h in

Aust; CAN\$23.99; STG£10.99; USD\$16.95

Available: **Australia**—Sound Education, 3 Coutts Pl., Melba, ACT 2615, ph (06) 259 1364, fax (06) 258 5530; **UK**—Dist. by Element Books Ltd, Shaftesbury, Dorset, ph 01747 85 1339; **USA/Canada**—Element Books, Inc., PO Box 830, Rockport, MA 01966, USA, ph (508) 546 1040.

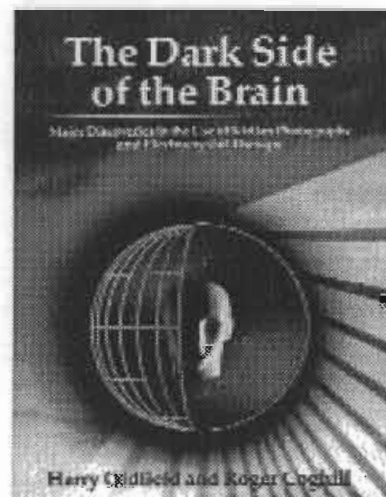
This recently reprinted collaboration between Kirlian photography pioneer/electrotherapist Harry Oldfield and psychologist/author Roger Coghill is a classic text in the emerging study of energy dynamics.

The authors postulate that each organic cell has a unique radio frequency which is deter-

mined and controlled by the brain of the organism itself. Moreover, they demonstrate that the body's diseases can not only be caused by external electromagnetic waves but can also be cured by them.

By applying the Kirlian photographic method, Oldfield developed an electrocrystal therapy device that uses pulsed high-frequency electrical currents, amplified by quartz crystals, to diagnose and treat disease. While drawing on groundwork laid by luminaries like Tesla and Lakhovsky, the technique heralds a revolution in medicine.

It's obvious that good nutrition is paramount for good health when you compare Kirlian images of raw, whole, organic foods which have vibrant energy fields, with the weak, lifeless emanations from processed and cooked foods. If you've not yet had your eyes opened to the hidden marvels of nature as revealed by Kirlian photography, this is an ideal introduction.





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### THE MAYAN PROPHECIES

by Adrian G. Gilbert and Maurice M. Cotterell

Published by Element Books Ltd (1995), Shaftesbury, Dorset, UK  
ISBN 1-85230-692-0 (350pp h/c)  
Price: AUD\$29.95; CAN\$33.99; STG£16.99; USD\$24.95

Available: **Australia**—Dist. by Jacaranda Wiley Ltd, ph (02) 805 1100, fax (02) 805 1597; Sydney Esoteric Bookshop, ph (02) 212 2225, fax (02) 212 2448; **UK**—Element Books Ltd, Shaftesbury, Dorset SP7 8PL, ph 01747 85 1339; **USA/Canada**—Element Books, Inc., PO Box 830, Rockport, MA 01966, USA, ph (508) 546 1040.

The authors of *The Mayan Prophecies* are not alone in their decoding of the intricate Mayan calendar which forecasts the end of the present world age on 22nd December 2012. Many seers prophesy that the lead-up to this time will be marked by a succession of cataclysmic events from mega-earthquakes to the tilting of the Earth's axis.

The combined research of Maurice Cotterell and Adrian Gilbert (co-author of *The Orion Mystery*) lifts the lid a little more on the secrets of the lost Meso-American Mayan civilisation. They reveal that the Mayan calendar was inextricably linked with sunspot cycles, and conclude that reduced sunspot activity caused a fertility decline in the Mayan populace and the sudden death of their civilisation. Cotterell presents data showing that the solar magnetic field flux causes not only changes in human oestrogen levels but dramatic reversals in the Earth's magnetic field as well as global catastro-

phes—such as the final demise of Atlantis, from where the original Mayans are believed to have migrated.

The Mayans were primarily a Sun-worshipping culture, and at the root of their religion was the veneration of the *Crotalus durissus* rattlesnake. The authors summarise the findings of the remarkable José Diaz Bolio who claims that the Mayans based their sacred geometry, design and architecture on the pattern adorning the skin of this solar serpent. As this snake renews its fangs every 20 days, is it mere coincidence that the Mayan calendar was based on a 20-day month?

This is enthralling reading to inspire not only students of Mayan and other lost civilisations but those delving into the mysteries of sacred geometry and astronomy.

### THE ALIEN ABDUCTION SURVIVAL GUIDE

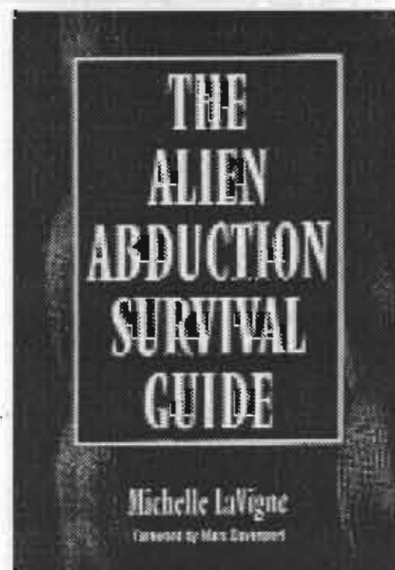
How to Cope with your ET Experience

by Michelle LaVigne  
Published by Wild Flower Press (1995), Newberg, OR, USA  
ISBN 0-926524-27-5 (119pp s/c)  
Price: AUD\$24.00; USD\$11.95 + USD\$3.00 p&h in USA

Available: **Australia**—Sydney Esoteric Bookshop, 408 Elizabeth St, Surry Hills, NSW 2010, ph (02) 212 2225, fax (02) 212 2448; **USA**—Wild Flower Press, PO Box 726, Newberg, OR 97132, ph (503) 538 0264, 1-800-366 0264, fax (503) 538 8485.

This guidebook is written by an abductee for those who have experienced the alien abduction phenomenon, consider it a real event but have nowhere to turn for help in coping with associated feelings and fears.

Author Michelle LaVigne, now in her early thirties, remembers grey alien abduction



experiences going back to her infancy. Under the guidance of Harvard psychologist Dr John Mack, she underwent a session of hypnotic regression therapy, which she found very helpful.

In an easy-to-read, straightforward style LaVigne describes how the ET abduction process works and points out some common myths and misconceptions about the phenomenon. She offers practical advice for abductees on how to identify patterns of fear, how to lessen stress for loved ones, and how to find appropriate professional help and support groups.

In this much-needed guidebook, 'experiencers' will find reassurance as well as tested methods for overcoming mental, emotional and spiritual blocks so they may reclaim personal control over their lives.

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### DANGER MY ALLY

by F. A. Mitchell-Hedges

Published by Mitchell-Hedges & Honey (1995), St Catharines, Ontario, Canada ISBN 0-9699951-0-5 (255pp s/c)  
Price: AUD\$27.00; STG£15.95; USD\$16.95  
Available: **Australia**—NEXUS Magazine, PO Box 30, Mapleton, Qld 4560, ph (074) 42 9280, fax (074) 42 9381; **UK**—NEXUS UK Office, 55 Queens Rd, E. Grinstead, W. Sussex RH19 1BC, ph 01342 32 2854, fax 01342 32 4574; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph (815) 253 6390, fax (815) 253 6300.

Recently republished from the 1954 original, *Danger My Ally* is a real-life adventure story by F. A. ("Mike") Mitchell-Hedges (1882-1959), the British explorer who discovered the Crystal Skull in the lost Mayan city of Lubaantun in Belize (NEXUS 2#22).

Mike Mitchell-Hedges was one of a rare breed of adventurers who, convinced that the age of exploration had not come to an end, set out at the turn of the century on a quest which spanned almost 40 years.

His amazing odyssey took in his searching Mayan ruins for clues to the legendary Atlantis, discovering pre-Flood artefacts on Caribbean islands, riding with Mexican rebels and fighting bandits, hacking through the wilds to find lost cities in southern Africa, battling giant sea creatures off the coast of Panama, and much more.

Also a poet and philosopher, Mitchell-Hedges' desire to live life to the full assured him plenty of excitement and danger on his spirited escapades. The reader will be totally captivated by the man and his stories, many of which are supported by archival photographs and maps. A rare treat!

### INFORMED CONSENT

by John A. Byrne

Published by McGraw-Hill (1996), New York, NY, USA  
ISBN 0-07-009625-2 (286pp h/c)  
Price: AUD\$39.95; NZD\$49.95; STG£17.95; USD\$22.00  
Available: **Australia**—McGraw-Hill Book Co., ph (02) 417 4288, fax (02) 417 5687; Sydney Esoteric Bookshop, ph (02) 212 2225; **New Zealand**—McGraw-Hill Book Co., 5th Auckland, ph (09) 262 2537, fax (09) 262 2540; **UK**—McGraw-Hill, ph 01628 23432; **USA**—McGraw-Hill, 11 West 19th St, New York, NY 10011.

In 1974, Colleen Swanson underwent cosmetic breast implant surgery but, as a result, became chronically ill within months. She had the implants removed in 1990 after the health dangers were confirmed, but she

remains permanently disfigured and continues to suffer mild illness.

For 27 years her husband John Swanson worked for Dow Corning, manufacturers of the silicone implants, primarily overseeing their ethics program. Once he realised the connection between his wife's illness and his employer's product, he was faced with a dilemma between personal morality and corporate loyalty, eventually opting for early retirement just over two years ago.

By March 1993, Dow Corning acknowledged that silicone might not be inert and could cause severe immune system stress. The company had sold the implants from the mid-1960s without adequately testing them. They now have to contend with billion-dollar negligence litigation.

Investigative journalist John A. Byrne's poignant portrayal of the Swansons' experiences will give some hope to the thousands of women suffering from the effects of leaky implants. Byrne raises important questions about corporate responsibility that other companies would be extremely foolish to ignore. He also stresses that doctor-patient relationships must be improved so that all the health risks and benefits are discussed upfront to ensure that patients can give 'informed consent' before agreeing to any medical procedures.

### SONG OF THE STONE

by Barry Brailsford

Published by Stoneprint Press (1995), Hamilton, New Zealand  
ISBN 0-9583502-0-5 (192pp h/c)  
Price: NZD\$43.50 airmail to Aust; NZD\$37.00 in NZ; NZD\$50.00 airmail to UK; NZD\$47.50 airmail to USA  
Available: **New Zealand**—Stoneprint Press, PO Box 12-360, Chartwell, Hamilton, ph +64 0(7) 855 2510, fax +64 0(7) 855 2744.

New Zealander Barry Brailsford is an archaeologist and historian whose love of the land and the spirit of the past has taken him on a quest into the realms of ancient sacred knowledge as well as on a process of discovering his true spiritual self.

At the invitation of the one of the oldest tribes in Aotearoa, Brailsford spent six years researching the recently published *Song of Waitaha* which explores a world hidden from pakehas (non-Maoris) and adds another thousand years to the accepted history of these islands.

*Song of the Stone* is the story of Barry Brailsford's further journeys into the worlds of the wisdom-keepers of Aotearoa and the North American Indian peoples. On his odyssey he led a team across the Southern Alps of New Zealand to reopen an old greenstone trail as well as spirit doorways.

Brailsford subsequently travelled to North America where he underwent shamanic trials



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with the Tohunga tribe, and fulfilled his task of carrying greenstone to the 12 Indian nations and encircling the heart of the land with these sacred markers.

### LIFE FORCES

by Jillie Collings

Published by New English Library (1991), London, UK

ISBN 0-450-53296-8 (277pp s/c)

Price: AUD\$20.00 + AUD\$5.00 p&h in Aust; STG£9.99; USD\$n/a

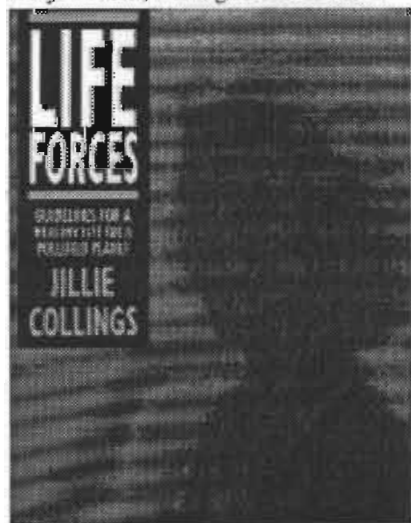
Available: **Australia**—Sound Education, 3 Coutts Pl., Melba, ACT 2615, ph (06) 259 1364, fax (06) 258 5530; **UK**—Dist. by Hodder & Stoughton, ph 0171 873 6000.

What is the difference between a live organism and a dead one? Surely the answer is life force, yet the existence of such a force has been denied or never officially acknowledged by mainstream science because of the difficulty in measuring and demonstrating it.

Jillie Collings based *Life Forces* on her series of articles published in *The Guardian* newspaper in the UK in the late 1980s, and, while it has been in print for a few years, her message has growing relevance today as environmental pollution's deleterious effects become better documented.

As Collings explains, the medicine of the 21st century (if not already) will be energy medicine—an holistic, preventive system which recognises and bases its treatment upon the way life force/energy flows in the body and can be manipulated to influence health favourably. She shows how life force can be detected, monitored for early-warning signs of illness and used to improve health. Eating fresh, organic food full of vital life energy is a fundamental requirement to maintaining good health.

In *Life Forces*, Collings refers to recent



groundbreaking research into the phenomenon from the likes of Rupert Sheldrake, Robert Becker and other 'mavericks' whose efforts to understand unseen forces will be more widely appreciated next century.

### BEYOND MY WILDEST DREAMS

Diary of a UFO Abductee

by Kim Carlsberg

Published by Bear & Company, Inc. (1995), Santa Fe, NM, USA

ISBN 1-879181-25-8 (288pp s/c)

Price: AUD\$50.00 + p&h; STG£16.99; USD\$20.00

Available: **Australia**—Sydney Esoteric Bookshop, 408 Elizabeth St, Surry Hills, NSW 2010, ph (02) 212 2225, fax (02) 212 2448; **UK**—Airlift Book Co. Ltd, ph 0181 804 0400, fax 0181 804 0044; **USA**—Bear & Company, PO Box 2860, Santa Fe, NM 87504, Santa Fe, NM 87504; bookstores.

*Beyond My Wildest Dreams* is a compelling diary-style account of a series of alien abduction experiences, illustrated with beautiful but sometimes frightening artwork by well-known channeler Darryl Anka.

Author Kim Carlsberg, a photographer and environmentalist, is an abductee/contactee who, through this book, aims to bring about a broader awareness of close encounters and their importance in the evolutionary development of humanity.

Despite Carlsberg's often terrifying experiences involving physical and psychological pain, she went beyond her limitations and discovered proof of the existence of other realms as well as of other aspects of consciousness such as telepathy and teleportation. Her message is that what we do here on Earth really does matter, and we can—and must—contribute individually and collectively to the healing of the planet.

Anyone who is trying to make sense of an alien abduction experience, suspects being an abductee or is just intrigued about the phenomenon will find this book worth exploring for its uncanny descriptions, exhilarating insights and timely warnings.

### YOUR COMPLETE GUIDE TO TENS

Transcutaneous Electronic Nerve Stimulation—Pain Control Without Drugs

by Barbara Gordon

Published by Barbara Gordon (1989, revised 1994), Byron Bay, NSW, Australia

ISBN 0-64621297-4 (68pp s/c)

Price: AUD\$14.00; CAN\$12.95

Available: **Australia**—Magnetic Health Products, 5 Burns St, Byron Bay, NSW 2481, ph/fax (066) 85 7842; **Canada**—Magna-Pak, Inc., PO Box 4264, Station C, London, Ontario N5W 5J6, ph/fax (519) 660 8386.

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This handy guide to using Transcutaneous (through the skin) Electronic Nerve Stimulation (TENS) is recommended for anyone who experiences chronic or acute pain and is looking for effective, drug-free ways to manage their pain.

The TENS technique utilises a 9-volt battery-powered unit which passes a weak electric current via electrodes at selected points through the skin and into the nerve fibres. Some scientists believe the electrical impulses block or override the pain messages travelling to the brain, while others consider that the impulses trigger the release of endorphins and enkephalins—the body's natural pain-relieving opiates.

Author Barbara Gordon discovered TENS and EMS (Electronic Muscle Stimulation) in her search for effective pain-relief treatments for her two children born with muscle-wasting disease, so her advice is based on years of practical experience.

In this booklet she describes how to choose and use the TENS unit appropriate for your needs; how and where to place the electrodes to achieve optimum pain relief or muscular stimulation for treating a range of specific conditions; plus precautions to be considered before initiating any treatment.

TENS is gaining wider acceptance for its high success rate in relieving pain and improving quality of life, as demonstrated by most health funds now paying rebates on all types of TENS units.

### THE BOOK OF LOVE

by A Medium

Published by The Diary Company (1995), Hong Kong

ISBN 962-7672-40-8 (143pp s/c)

Price: AUD\$18.00 + AUD\$3.00 p&h

Aust/NZ; o/s orders add AUD\$6.00 p&h

Available: **Australia**—Alcheringa Books, PO Box 925, Bowral, NSW 2576, ph +61 (0)48 78 9304, fax +61 (0)48 78 9305.

For years, Australian medium Valerie Barrow has been in contact with interdimensional beings, but one time she was woken and asked telepathically to write a book—with special help from the Indian avatar Sri Sathya Sai Baba. The subject matter was revealed after an ancient Aboriginal sacred tjuringa or alcheringa stone came into her possession.

*The Book of Love* is written diary-style and is the result of Valerie's stream-of-consciousness communication with the energies that speak through the stone. These highly spiritual entities provided her with fascinating information about the Earth's evolution and humanity's place within the Universe.

The "Star People" tell of an asteroid they

brought to Earth to wipe out the dinosaurs as a prelude to mammalian development. They give a vivid account of Atlantis's final destruction over 10,000 years ago, sparked off by another asteroid hit which caused the Earth to tilt on its axis and created 2,000-foot tidal waves, continental drift, vast magma upwellings and eruptions followed by a 5,000-year-long ice age.

*The Book of Love* has a profound message that will strike familiar chords for many readers. Sai Baba fans will find great delight in the synchronicities that Valerie records in the course of her writing.

### ROOT CANAL COVER-UP

by George E. Meinig, DDS, FACD

Published by Bion Publishing (1993, 1994), Ojai, CA, USA

ISBN 0-945196-19-9 (244pp s/c)

Price: AUD\$40.00 inc. p&h; USD\$19.95 +

USD\$2.00 p&h (Canada, add USD\$4.75

airmail; overseas, add USD\$10.00 airmail;

Asia/Africa add USD\$13.00 airmail)

Available: **Australia**—Trevor Savage, ND,

PO Box 216, Albany Creek, Qld 4035, ph

(07) 264 4316, fax (07) 264 4916; **USA**—

Bion Publishing, 323 E. Matilija 110-151,

Ojai, CA 93023, fax (805) 64 61506.

If you are contemplating having dental root-canal fillings, we strongly urge you to read this book before making your decision. The truth is that root-canal fillings can cause serious health side-effects, at first weakening the immune system but then causing chronic and degenerative illness.

Vital research published in 1923, based on 25 years of rigorous experimentation by Dr Weston Price and his dental researchers, was suppressed for over 70 years but has only recently been uncovered by dedicated practitioners like author Dr George Meinig and Dr Hal Huggins.

Dr Price showed how micro-organisms become trapped in the teeth, specifically in the dentin—each tooth containing at least three miles of tubules. These toxins can escape into the bloodstream and adversely affect the heart, kidneys, lungs, eyes, stomach, brain and other tissues, but the problem is exacerbated when root canals are filled.

One of Dr Price's amazing discoveries was that if a root canal-filled tooth of a patient with a degenerative disease were implanted under the skin of a laboratory animal, that animal would develop the patient's disease.

*Root Canal Cover-Up* will answer any questions you may have about whether or not to have root-canal therapy, but its prime message is the importance of fighting tooth decay as a preventive health measure and an immune-system booster—and that also means eating the right foods for maintaining correct pH balance in the body.



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## AUDIO

Reviews by Richard Giles

### ENCHANT

by **Chris James & Wendy Grace**

Produced by Sounds Wonderful (1995), Byron Bay, NSW, Australia  
Price: AUD\$25.95 (CD only) (44mins)  
Available: **Australia**—New World Prodn, PO Box 244, Red Hill, Qld 4059, ph +61 (0)7 3367 0788, fax +61 (0)7 3367 2441.

Australia's tone master and voice teacher Chris James and creative co-worker Wendy Grace have produced a new album of some of their best and most inviting songs from traditional sources and their own original work. The simplicity of production, with sounds that are recorded as they are sung by Chris, Wendy and friends, invites an active impulse to join with them. Two of the songs, "Flames of Light" and "Living the Dream" were performed at the Maleny-Woodford Folk Festival at the beginning of 1995. Other beautiful, touching renditions of songs like "Tall Trees" and "Long Time Sun" make this an album worth having in your collection. Recommended.

### VOICES OF THE NIGHT

by **Riley Lee and Michael Atherton**

Produced for New World Productions (1994), Red Hill, Qld, Australia  
Price: AUD\$18.95 (cass.), AUD\$28.95 (CD) (57mins)

Available: **Australia**—Distributed by New World Productions, ph +61 (0)7 3367 0788, fax +61 (0)7 3367 2441.

Another of Riley Lee's brilliant, quiet albums with shakuhachi flute. He is joined by Michael Atherton, multi-talented Australian musician, on lute, Balinese instruments, gongs, drums and waterphone. The shakuhachi part is recorded in the Cathedral Cavern of Jenolan Caves, NSW.

The shakuhachi is a traditional five-finger flute made from bamboo by master craftsmen. In Japan the instrument is thought of as a spiritual tool, rather than a musical instrument, that operates on both physical and metaphysical levels.

The haunting, calling sound Riley Lee and Michael Atherton achieve on *Voices of the Night* make this a collector's item.

### RHYTHMIST

by **Ian Cameron Smith**

Produced for Rhythmist Productions (1995), Harbord, NSW, Australia  
Price: AUD\$28.95 (CD), AUD\$18.95 (cass.) (47mins)

Available: **Australia**—Wild Eagle Trading, PO Box 260, Kew, Vic. 3102, ph +61 (0)3 9815 1162, fax +61 (0)3 9819 4908.

This first album by Ian Cameron Smith,

*Rhythmist*, has been re-recorded and changed here and there to produce the new and pleasant sound of one of Australia's most talented and sensitive guitarists. Ian has a soothing, warm and uplifting style that truly relaxes and embraces the listener. Tracks like "Dawn Awakens", "On A Wing", "Soothing Waters" and "Enchanted Forest" really show off the expressive power of Ian's technique. The subtle beauty of Ian's guitar work is wonderful. This is an excellent album that's certainly worth purchasing.

### MAGIC OF HEALING MUSIC

by **Bruce BecVar and Brian BecVar with Deepak Chopra, MD**

Produced for Shining Star Productions (1995), San Rafael, CA, USA  
Price: AUD\$18.95 (cass.), AUD\$28.95 (CD); USD\$10.00 (cass.), USD\$16.00 (CD) (3 albums, 40mins/38mins/38mins)  
Available: **Australia**—Dist. by Wild Eagle Trading, ph (03) 9815 1162, fax (03) 9819 4908; **USA**—Gus Swigert Management, 1537 4th Street, #197, San Rafael, CA 94901, ph (415) 456 6568.

Best-selling author of *Quantum Healing*, Dr Deepak Chopra combines with brilliant guitarists Bruce and Brian BecVar to produce a special series on the healing power of music, based on the traditional principles of Ayurvedic medicine. These three principles (*doshas*)—*vata* (movement), *pitta* (metabolism) and *kapha* (structure)—combine to determine the basic nature of a person.

Dr Chopra knew of the BecVar brothers' music-from-the-heart approach which he felt could capture the sound principles of Vedic music in the Western tonal scale. The result is a magnificent collection of three albums that can be played any place or time, suiting both time of day and people present. The BecVars' creative guitar work has done it! Three great albums: *Vata* for relaxing, *Pitta* for calming, and *Kapha* for invigorating. Thoroughly recommended.

### THE MANSO OF MALI

by **Salif Keita**

Produced by Island Records (1994), USA  
Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$10.00 (cass.), USD\$16.00 (CD) (66mins)

Available: **Australia**—Dist. by Island Records, Millers Point, NSW, ph (02) 207 0500; **USA**—Island/Mango Records, New York, ph (212) 603 3947.

The story of this man, Salif Keita, is simply inspiring. Born an albino (a local sign of bad luck) into a noble family, and having poor eyesight and little financial resources (being shunned by his family), he was thwarted in his desired career of teaching. Instilled with a deep feeling for song by the



# REVIEWS



## AUDIO

musical caste, the Groits (who visit families to sing), he decided to take up singing for money in the markets. That led him to the legendary Mali group the Rail Band. From there, rising rapidly to prominence with another band, Les Ambassadeurs, he recorded the great *Mandjou* album.

Finding international attention through Live Aid, Salif Keita is considered one of the great African musicians today. *The Mansa of Mali* is a retrospective of his work featuring some of the best, most exciting and passionate music he has done. Powerful, modern, African sound. Highly recommended.

### IN THE HIDING PLACE OF THUNDER

by Greg Miller

Produced for Terra Australia Records (1995), Neutral Bay, NSW, Australia  
Price: AUD\$28.95 (CD only) (58mins)  
Available: **Australia**—Movieplay Australia, PO Box 575, Brookvale, NSW 2100, ph +61 (0)2 905 0199, fax +61 (0)2 905 6372.

Another in the excellent "Terra Australia" series, this atmospheric piece conjures up vast expanses of our landscape and carries the listener along through drifting, ethereal whispers of sand to the steely, energetic clashes of thunderous clouds, and then out onto shimmering plains of mystery to stare over a timeless horizon.

Composer/producer Greg Miller trained at the Sydney Conservatorium and has worked in music programming for the ABC. His talent shines through here. Well recommended.

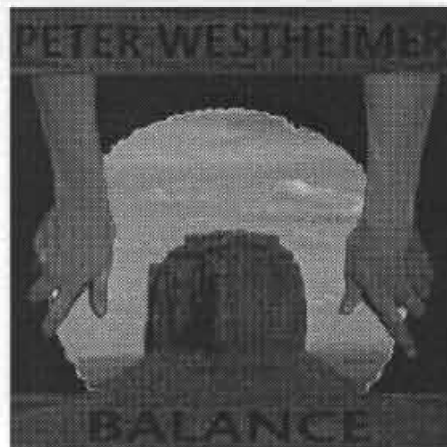
### PACIFIC RIM

by Anton Mizerak

Produced by Anton Mizerak for Shastasong (1994), Mt Shasta, CA, USA (49mins)  
Price: USD\$10.00 (cass.), USD\$16.00 (CD)  
Available: **USA**—Distributed by Shastasong, 519 Vista, Mt Shasta, CA 96067, ph +1 (916) 926 3740; Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph +1 (815) 253 6390, fax (815) 253 6300.

Anton Mizerak has a history of music, having been born into a musical family. He was playing piano by the age of six and composing by eight.

In *Pacific Rim* he has combined years of musical direction in his life to capture a whole range of compositions from many Asian and Pacific cultures. He succeeds in offering a pleasant, sunny album of relaxed musical trips into many traditions. In particular, the flute is featured in a number of pieces, each of which captures its lightness and graceful air. This album can lift some of the heaviness that sometimes grabs us all. Uplifting music and happy lilting themes make this a refreshing composition.



### TRAVELLING

by Charlie McMahon & Gondwana

Produced for Log Management/Oceanic Music (1995), Rozelle, NSW, Australia  
Price: AUD\$16.95 (cass.), AUD\$24.95 (CD) (49mins)

Available: **Australia**—Distributed by Larrikin Entertainment, Mascot, NSW, ph +61 (0)2 700 9199, fax +61 (0)2 700 9155.

You may have heard Charlie McMahon's music with groups like Midnight Oil, on film and television soundtracks, and through his group, Gondwana. *Travelling* has good, hard and fast 'didj'-playing with drums, sax, flute and keyboards, and some great up-tempo-paced tracks including "Pig Wobble", "Scramble", "Corrupt Wobble" and "Ride". They are joined by some soft, floating numbers like "Dandelion", "Munkarra" and "Lope". A top album with strong, original Australian sounds, managing successfully to combine traditional with modern.

### BALANCE

by Peter Westheimer

Produced for Integrity Music (1994), Newcastle, NSW, Australia  
Price: AUD\$20.00 (cass.), AUD\$28.00 (CD) (49mins)

Available: **Australia**—Natural Symphonies, PO Box 252, Camden, NSW 2570, ph +61 (0)46 55 1800, fax +61 (008) 67 1183.

Peter Westheimer has had quite a varied career—as a classical violinist, working with a new wave band, playing keyboards, painting, plus composing musical scores for successful films and documentaries.

*Balance* is his second CD release and he manages to impress with a wide collection of music from Asia, Africa and the Middle East. He creates sounds of the East and West using female vocals and classical Indian instruments like sitar. It's a flavoured mixture of styles and sounds with Peter producing a balance from around the world. He succeeds. A fresh album on the Australian ambient music scene. Recommended!